

Strawberry Wine Shake

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| 1 cup halved strawberries | 1 cup milk |
| 1/3 cup sugar | 1 tbsp lemon juice |
| a pinch of salt | 2/3 cup red table wine |
| 1 egg | |

Chill all ingredients well. Combine the strawberries, sugar, salt, egg, and milk in a blender and pureé. Use the blender to stir in the lemon juice and wine and serve at once.

If there is any leftover, it can be refrigerated and re-blended in the next couple of days.

Adapted from *Adventures in Wine Cookery* (1965).