

A close-up photograph of a white bowl filled with chili. The chili contains ground beef, kidney beans, and chopped tomatoes. The bowl is placed on a wooden table. In the background, there is another white bowl containing a salad of green vegetables and a red object, possibly a pepper or a piece of fruit. The lighting is warm, and the overall scene suggests a home-cooked meal.

## Very Quick Chili

1/2 lb ground beef      1 15 oz can kidney beans  
1/2 tsp salt              2 15 oz cans chopped tomatoes  
1/4 tsp chili powder    1/4 cup dried minced onion

Brown the meat, add the remaining ingredients, draining the beans first, and mix well. Bring to a boil and simmer, covered, for about 20 minutes, stirring occasionally.

Adapted from *Better Homes & Gardens Cooking for Two* (1971).